TIPS FOR A MORE ENVIRONMENTALLY FRIENDLY WORKING ROUTINE

Did you know that buildings are responsible for around 40 % of all carbon emissions in industrialised nations? *)
Help to conserve our environment! Each of us can play a part in cutting energy consumption substantially by using resources sparingly. Here are some important tips:

ENERGY

- switch off the lights when leaving the office
- turn off switchable multi-point plugs
- switch off heating and air conditioning units
- activate energy saving option on computers

PAPER

- print on both sides
- take misprints to paper collection points
- use recycling paper

AMBIENT AIR QUALITY

- intermittent, full ventilation rather than tilting windows
- regular full ventilation
- install indoor plants
- set the room temperature (heating) to a maximum of 20–21°C

WASTE

- separate waste paper
- choose refillable products

MOBILITY

- choose a low-carbon means of getting to work
- take the stairs, not the lift

*) Source: Study by the Royal Institution of Chartered Surveyors (RICS)

THINK MORE, WASTE LESS.

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